

Guided Portfolio Update – U.S. Core

The U.S. Core Portfolio is designed for investors whose investment horizon and objectives focus on long-term capital appreciation. The goal of the portfolio is to provide a long-term consistent rate of return by holding a diversified portfolio of stocks comprised of industry leaders. While sector weightings are reviewed, this portfolio is designed for Canadian investors who likely have an existing Canadian portfolio and consequently, we emphasize sectors that offer diversification benefits to Canadians - namely consumer and industrial products.

| | U.S. Core | S&P 500 | Relative to S&P 500 |
|------------------------------|-----------|---------|---------------------|
| Year 2000 | -15.8% | -9.1% | -6.7% |
| Year 2001 | -16.8% | -11.9% | -4.9% |
| Year 2002 | -15.1% | -22.1% | 7.0% |
| Year 2003 | 25.7% | 28.7% | -3.0% |
| Year 2004 | 14.9% | 10.9% | 4.0% |
| Year 2005 | 5.2% | 4.9% | 0.3% |
| Year 2006 | 14.0% | 15.8% | -1.8% |
| Year 2007 | 8.8% | 5.5% | 3.3% |
| Year 2008 | -36.2% | -37.0% | 0.8% |
| Year 2009 | 28.3% | 26.5% | 1.8% |
| Year-to-Date ¹ | -1.0% | -1.2% | 0.2% |
| Since Inception ² | 16.2% | 2.9% | 13.3% |

¹As of 6/11/2010

²Inception date is Sep 15, 1999 for the portfolio.

The Guided Portfolio returns are not calculated according to CFA Institute 'Performance Presentation Standards'. Returns are calculated on a total return basis including dividend income. The returns are used to gauge performance by comparing the returns of the Portfolios to benchmark total return indices such as the S&P/TSX 60 and the S&P 500. Historical performance is not necessarily indicative of future performance. Each client's return will vary depending on number of shares purchased, as well as the timing of the purchases. The Guided Portfolios themselves should not be used as benchmarks with which to compare clients' portfolios.

| Company | Symbol | Date Added | Adjusted Cost | Price 14Jun10 | Gain/Loss | Market At Add | Relative ROR | Target Price | Target ROR | Dividend | Yield | Rating* |
|----------------------------|--------|------------|---------------|---------------|-----------|---------------|--------------|--------------|------------|----------|-------|---------|
| Interest Sensitive | | | | | | | | | | | | |
| METLIFE INC | MET | 21-Aug-07 | \$50.33 | \$41.05 | -18.4% | 1447 | 6.3% | \$55.00 | 35.8% | \$0.74 | 1.8% | R |
| STATE STR CORP | STT | 02-Jun-09 | \$45.84 | \$37.03 | -19.2% | 945 | -34.6% | \$52.00 | 40.5% | \$0.04 | 0.1% | O |
| AT&T INC | T | 12-Jun-06 | \$28.06 | \$25.17 | -10.3% | 1236 | 1.6% | \$27.00 | 13.9% | \$1.68 | 6.7% | N |
| Consumer Products | | | | | | | | | | | | |
| COLGATE PALMOLIVE CO | CL | 13-Feb-08 | \$76.19 | \$79.32 | 4.1% | 1367 | 24.4% | \$87.00 | 12.4% | \$2.12 | 2.7% | N |
| MCDONALDS CORP | MCD | 29-Jul-09 | \$56.47 | \$69.30 | 22.7% | 975 | 11.0% | \$79.00 | 17.2% | \$2.20 | 3.2% | O |
| MCKESSON CORP | MCK | 25-Feb-09 | \$43.10 | \$69.81 | 62.0% | 765 | 19.5% | \$78.00 | 12.4% | \$0.48 | 0.7% | O |
| NIKE INC | NKE | 05-Jul-07 | \$57.77 | \$72.22 | 25.0% | 1525 | 53.6% | \$85.00 | 19.2% | \$1.08 | 1.5% | O |
| PFIZER INC | PFE | 23-Nov-09 | \$18.53 | \$15.33 | -17.3% | 1106 | -15.8% | \$22.00 | 48.2% | \$0.72 | 4.7% | O |
| WAL MART STORES INC | WMT | 10-May-05 | \$48.69 | \$51.24 | 5.2% | 1166 | 11.8% | \$58.00 | 15.3% | \$1.09 | 2.1% | N |
| Industrial Products | | | | | | | | | | | | |
| CISCO SYS INC | CSCO | 12-Dec-06 | \$25.28 | \$22.75 | -10.0% | 1412 | 12.8% | \$35.00 | 53.8% | \$0.00 | 0.0% | O |
| FLUOR CORP NEW | FLR | 23-Nov-09 | \$44.18 | \$45.81 | 3.7% | 1106 | 5.2% | \$56.00 | 23.3% | \$0.50 | 1.1% | O |
| INTEL CORP | INTC | 23-Nov-09 | \$19.40 | \$20.89 | 7.7% | 1106 | 9.2% | \$32.00 | 56.2% | \$0.63 | 3.0% | O |
| MICROSOFT CORP | MSFT | 21-Aug-07 | \$25.89 | \$25.50 | -1.5% | 1447 | 23.2% | \$40.00 | 58.9% | \$0.52 | 2.0% | O |
| ORACLE CORP | ORCL | 10-May-05 | \$13.64 | \$22.69 | 66.3% | 1166 | 72.9% | \$31.00 | 36.6% | \$0.00 | 0.0% | O |
| UNITED TECHNOLOGIES CORP | UTX | 11-Apr-07 | \$61.64 | \$66.90 | 8.5% | 1439 | 32.8% | \$93.00 | 41.6% | \$1.70 | 2.5% | O |
| WASTE MGMT INC DEL | WM | 29-Oct-08 | \$29.37 | \$32.83 | 11.8% | 930 | -5.4% | \$33.00 | 4.2% | \$1.21 | 3.7% | N |

Resources

| | | | | | | | | | | | | |
|--|-----|-----------|---------|---------|-------|------|-------|---------|-------|--------|------|---|
| Freeport-McMoRan Copper & Gold Inc. | FCX | 15-Nov-07 | \$51.96 | \$65.26 | 25.6% | 1451 | 50.5% | \$95.00 | 46.5% | \$0.60 | 0.9% | O |
| OCCIDENTAL PETE CORP DEL | OXY | 23-Jul-08 | \$70.20 | \$84.71 | 20.7% | 1282 | 35.7% | \$93.00 | 11.3% | \$1.32 | 1.6% | O |
| XTO ENERGY INC | XTO | 22-Jan-09 | \$35.11 | \$43.40 | 23.6% | 827 | -8.1% | \$51.00 | 18.7% | \$0.50 | 1.2% | N |
| DISNEY WALT CO | DIS | 11-Aug-04 | \$23.87 | \$33.93 | 42.1% | 1076 | 40.8% | \$41.00 | 20.8% | \$0.00 | 0.0% | O |
| S&P 500 | | | | 1090 | | | | 1625 | 51.1% | 21.15 | 1.9% | |

* Rating definitions:

O = Outperform

N = Neutral

U = Underperform

| Comparative Canadian Bank Information | | | | |
|---------------------------------------|--------|-------------------------------|-------------|-------------|
| Bank | Symbol | Scotia Capital Recommendation | Risk Rating | 1 Yr Target |
| Bank of Montreal | BMO | 1-Sector Outperform | Low | \$70.00 |
| Bank of Nova Scotia | BNS | 1-Sector Outperform | Low | \$60.00 |
| CIBC | CM | 2-Sector Perform | Low | \$80.00 |
| National Bank | NA | 2-Sector Perform | Low | \$70.00 |
| Royal Bank | RY | 2-Sector Perform | Low | \$68.00 |
| Toronto-Dominion Bank | TD | 1-Sector Outperform | Low | \$90.00 |

The supervisors of the Portfolio Advisory Group own securities of the following companies.
INTEL CORP, ORACLE CORP, PFIZER INC, WAL MART STORES INC

The author of the report owns securities of the following companies.
INTEL CORP, ORACLE CORP, PFIZER INC, WAL MART STORES INC

Guided Portfolio performance calculations do not include commission costs, and thus may not be an exact reflection of client performance.

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